

World Environment Day – June 5th 2018

Kitchen Garden Activity

Karjat and Panvel Block II



Setting up Kitchen Garden on World Environment Day 2018

On June 5th, 2018, United Way Mumbai (UWM) undertook an activity to set up a nutritious kitchen garden at Anganwadi centers in Panvel Block II and Karjat as part of project Poshan.

IMPACT ACHIEVED	
Number of kitchen gardens set up in Anganwadi centers	11
Total number of volunteers	395
Seed varieties planted	12
Sapling varieties planted	15

On June 5th, 2018



The land was tilled into ridges for seed plantation and areas were hollowed out for the immersion of saplings

Update as of August 2018



Vegetables such as lime and lemongrass are flourishing and nearly ready for consumption while flowering plants are now in full bloom.

Way Forward

- Vegetables such as Ridge Gourd, Bottle Gourd, Pumpkin, Cucumber and Broad beans will be ready for consumption by the end of the year
- The kitchen garden will help children learn about seed germination as well as help parents understand the importance of a nutritious diet to fight against malnutrition
- The growing produce is also used in educational sessions on prenatal and antenatal care with community members
- Anganwadi Sevikas will also use the produce in the meals given to the children at the center.
- The plot will continue to flourish and additional things will be grown in the coming months